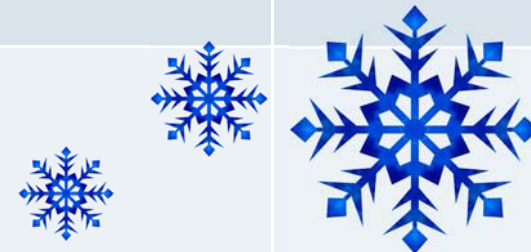



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1. Apple Juice Chunky Applesauce Cheerios Scrambled Eggs Whole Wheat Toast	2. Pineapple Juice Canned Fruit Creamy Wheat Pancakes Sausage Links	3. Orange Juice Canned Fruit Crispy Rice Cereal Scrambled Eggs Bacon	4. Apple Juice Mandarin Oranges Oatmeal French Toast Scrambled Eggs
5. Pineapple Juice Strawberries Cornflakes Scrambled Eggs with Ham & Cheese	6. Orange Juice Fresh Grapes Creamy Wheat Scrambled Eggs Whole Wheat Toast	7. Apple Juice Canned Fruit Raisin Bran Sausage Gravy Biscuit Scrambled Eggs	8. Pineapple Juice Chilled Peaches Oatmeal Scrambled Eggs Sausage Links Muffin	9. Orange Juice Pineapple Cheerios Boiled Eggs Whole Wheat Toast	10. Apple Juice Mandarin Oranges Creamy Wheat Scrambled Eggs Bacon	11. Pineapple Juice Chilled Pears Crispy Rice Cereal Scrambled Eggs Sausage Patty Cinnamon Toast
12. Orange Juice Canned Fruit Oatmeal Baked Egg Omelet	13. Apple Juice Strawberries Cornflakes Scrambled Eggs Hash Browns	14. Pineapple Juice Chilled Plums Creamy Wheat Confetti Eggs French Toast	15. Orange Juice Chunky Applesauce Crispy Rice Cereal Egg Sausage Bake White Toast	16. Apple Juice Fresh Grapes Oatmeal Pancakes Scrambled Eggs	17. Pineapple Juice Pineapple Cheerios Scrambled Eggs Sausage Links Coffee Cake	18. Orange Juice Canned Fruit Creamy Wheat Boiled Egg White Toast
19. Apple Juice Mandarin Oranges Crispy Rice Cereal Scrambled Eggs with Ham White Toast	20. Pineapple Juice Canned Fruit Oatmeal Omelet Muffin	21. Orange Juice Fresh Grapes Cornflakes Waffle Sausage Patty	22. Apple Juice Canned Fruit Creamy Wheat Scrambled Eggs Whole Wheat Toast	23. Pineapple Juice Chilled Pears Raisin Bran Sausage Links Cinnamon Toast	24. Orange Juice Pineapple Oatmeal Scrambled Eggs English Muffin	25. Apple Juice Mandarin Oranges Cheerios Western Omelet White Toast
26. Orange Juice Fresh Cantaloupe Raisin Bran Scrambled Eggs White Toast	27. Apple Juice Strawberries Oatmeal Pancakes Sausage Links	28. Pineapple Juice Fruit Cocktail Cheerios Confetti Eggs Danish Pastry	29. Orange Juice Crushed Pineapple Creamy Wheat Sausage Gravy Biscuit Scrambled Eggs	30. Apple Juice Mandarin Oranges Crispy Rice Cereal Baked Cheese Omelet White Toast	31. Pineapple Juice Fresh Grapes Oatmeal Scrambled Eggs Hash Browns	
<h1><i>Breakfast in January</i></h1>						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1. Sweet/Sour Chicken Rice Fortune Cookie Oriental Blend Veggies Yellow Cake	2. Broccoli & Cheese Soup Bologna & Cheese Sandwich Tomato Juice Peaches	3. Chicken Strips Macaroni Salad Green Peas Bread Frosted Brownie	4. Roast Pork & Rosemary Roasted New Potatoes Green Bean Casserole Bread Sweet Potato Pie
5. Chicken Pot Pie Seasoned Broccoli Biscuit Apple Crisp	6. Salisbury Steak with Gravy Mashed Potatoes Prince Charles Veggies Bread Chocolate Pie	7. Meatballs Buttered Noodles Parmesan Green Beans Bread Golden Peach Crumble	8. Meatloaf Baked Potato with Sour Cream Green Peas Dinner Roll Lemon Pudding Parfait	9. Chicken Patty on a Bun Potato Chips Coleslaw Silver White Cake	10. Lasagna Broccoli Garlic Bread Oatmeal Cookie	11. Roast Turkey Stuffing/Gray Corn Bread Pumpkin Pie
12. Beef Tips w/Gravy Noodles Carrots Bread Ice Box Dessert	13. Cheeseburger Deluxe French Fries Dill Pickle Chips Cookie Bar	14. Fried Chicken Mashed Potatoes Cream Gravy Whole Kernal Corn Bread Apple Crisp	15. Potato Bacon Soup Chicken Salad Croissant Saltine Crackers Mixed Fruit	16. Green Pepper Steak Cheesy Potatoes Seasoned Cauliflower Bread Bread Pudding	17. Sausage on a Bun Potato Salad Baked Beans Mandarin Oranges Dill Pickle	18. Chicken Dijon Duchess Potatoes Seasoned Beets Bread Cream Cheese Bar
19. Unstuffed Cabbage Green Beans Dinner Roll Rice Crispy Treats	20. Polish Sausage Sauerkraut Au Gratin Potatoes Jello with Whipped Topping	21. Mac & Cheese Stewed Tomatoes Dinner Roll Chocolate Cake	22. Chicken Alfredo Glazed Carrots Garlic Bread Spice Cookie	23. Hot Roast Beef Sandwich Mashed Potatoes Buttered Corn Oreo Dessert	24. Roast Turkey Stuffing Gravy Winter Squash Strawberry Rhubarb Pie	25. Pork Roast Whipped Potatoes Harvard Beets Bread Praline Cake
26. Beef Stew Corn O'Brien Biscuit German Chocolate Brownie	27. Chicken Rice Soup Gr. Bologna Sandwich Coleslaw Banana Crème Pudding	28. Sloppy Joe on a Bun French Fries Cream Corn Fruit Salad	29. Chicken Divan Mashed Potatoes Broccoli Bread Chocolate Pudding	30. Bean Soup Beef & Swiss Sandwich Cucumber Salad No Bake Cookie Saltine Crackers	31. Breakfast Casserole Sausage Links Croissant Roll Strawberries	

Lunch in January



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1. Baked Ziti with Italian Sausage Italian Medley Veggies Bread Rice Crispy Treat	2. Chicken Patty on a Bun Tator Tots Buttered Carrots Banana Bars	3. Swedish Meatballs Buttered Noodles Scand. Blend Veggies Dinner Roll Apple Cobbler	4. Unstuffed Peppers Rice Buttered Corn Bread Fruit Cup
5. Hot Dog on a Bun Onion Rings Baked Beans Molasses Cookies	6. Chili Deli Croissant Chilled Pears Saltine Crackers	7. Chicken Fricassee Cheesy Potatoes Red Cabbage Bread Assorted Cookies	8. Cream of Mushroom Soup Ham & Swiss Sandwich Tomato Juice Spice Cake	9. Roast Beef Mashed Potatoes Winter Squash Dinner Roll Ice Cream	10. Texas French Toast Scrambled Egg with Sautéed Onions Escaloped Apples	11. Goulash Mixed Veggies Corn Bread Blueberry Crisp
12. Baked Chicken Scalloped Potatoes Winter Mix Veggies Dinner Roll Frosted Marble Cake	13. Home Made Chicken Noodle Soup Gr. Bologna Sandwich Wax Beans Chilled Pears	14. Fisherman's Sandwich Garlic Butter Noodles Carrots Lemon Meringue Pie	15. Honey Glazed Ham Boiled Potatoes Cabbage Dinner Roll Strawberries/Cream	16. Corn Chowder Turkey & Cheese Sandwich Tomato Slices Fruit Cup	17. Spaghetti with Meat Sauce Italian Medley Veggies Bread Sticks Peach Pie	18. Honey Glazed Ham Sweet Potatoes Dill Carrots Dinner Roll Lemon Bar
19. Roast Chicken Buttered Penne Brussell Sprouts Biscuit Strawberry Poke Cake	20. Tomato Basil Soup Tuna Salad Sandwich Poached Pears Saltine Crackers Dill Pickle	21. BBQ Pork on a Bun Roasted Potatoes Prince Charles Veggies Ice Cream	22. Hamburger Pie Japanese Veggies Dinner Roll Cheese Cake	23. Sausage Omelet Home Made Cinnamon Rolls Escaloped Apples	24. Hamburger Deluxe Pasta Salad Green Beans Mixed Fruit	25. Cheese Ravioli Marinara Sauce Italian Medley Veggies Bread Stick Assorted Cookies
26. Baked Chicken Mashed Potatoes & Gravy Scand. Blend Veggies Dinner Roll Cherry Crisp	27. Meatloaf Baked Potatoes Peas & Carrots Bread Fruit Mix	28. Fish Sticks Mac & Cheese Buttered Peas Bread Pineapple Upside Down Cake	29. Cheddar Cheese Soup Egg Salad Sandwich Pickled Beets Spiced Peaches	30. Kielbasa Fried Potatoes Sauerkraut Bread Cherry Chip Cake	31. Chicken and Dumplings French Style Green Beans Biscuit Ambrosia	

Dinner in January

Weekly Menu Substitutions

Week of 01/05/2019 to 01/11/2019

- Hamburger on a Bun
- Fried Chicken Breast
- Scrambled Eggs, Sausage Links, Toast
- Fish & Chips

Week of 01/12/2019 to 01/18/2019

- Chicken Patty on a Bun
- Swedish Meatballs
- Egg Salad Sandwich
- Omelet & Toast

Week of 01/19/2019 to 01/25/2019

- Grilled Cheese Sandwich
- Waffles & Syrup
- Chicken Strips
- Pepper Steak

Week of 01/26/2019 to 01/31/2019

- Hamburger on a Bun
- Hot Dog on a Bun
- Macaroni & Cheese
- Grilled Ham & Cheese



Menu Substitutions are for residents only. Guest trays will be the menu item of the day