

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Orange Juice Canned Fruit Oatmeal Baked Egg Omelet	2. Apple Juice Strawberries Corn Flakes Scrambled Eggs French Toast Hash Browns	3. Pineapple Juice Cherries Creamy Wheat Confetti Eggs Whole Wheat Toast	4. Orange Juice Chunky Applesauce Crispy Rice Cereal Egg Sausage Bake Pancakes	5. Apple Juice Fresh Grapes Oatmeal Scrambled Eggs White Toast	6. Pineapple Juice Crushed Pineapple Cheerios Scrambled Eggs Sausage Links Muffin	7. Orange Juice Canned Fruit Creamy Wheat Boiled Egg White Toast
8. Apple Juice Mandarin Oranges Crispy Rice Cereal Scrambled Eggs with Ham Danish	9. Pineapple Juice Canned Fruit Oatmeal Omelet White Toast	10. Orange Juice Fresh Grapes Corn Flakes Waffles Sausage Patty	11. Apple Juice Canned Fruit Creamy Wheat Scrambled Eggs Cinnamon Toast	12. Pineapple Juice Chilled Pears Fruit Loops Sausage Links Croissant	13. Orange Juice Crushed Pineapple Oatmeal Scrambled Eggs English Muffin	14. Apple Juice Mandarin Oranges Cheerios Western Omelet Coffee Cake
15. Orange Juice Fresh Oranges Fruit Loops Scrambled Eggs Pancakes	16. Apple Juice Strawberries Oatmeal Sausage Links White Toast	17. Pineapple Juice Fruit Cocktail Cheerios Confetti Eggs Danish Pastry	18. Orange Juice Crushed Pineapple Creamy Wheat Sausage Gravy Biscuit Scrambled Eggs	19. Apple Juice Mandarin Oranges Crispy Rice Cereal Baked Cheese Omelet Cinnamon Roll	20. Pineapple Juice Fresh Grapes Oatmeal Scrambled Eggs Hash Brown Potatoes White Toast	21. Orange Juice Fruit Cocktail Corn Flakes Boiled Eggs Donuts
22. Apple Juice Fruit Cup Creamy Wheat Scrambled Eggs with Cheese White Toast	23. Pineapple Juice Mandarin Oranges Fruit Loops Sausage Patty Muffin	24. Orange Juice Fresh Grapes Oatmeal Scrambled Eggs English Muffin	25. Apple Juice Chunky Applesauce Cheerios Scrambled Eggs Pancakes	26. Pineapple Juice Canned Fruit Creamy Wheat Sausage Links Whole Wheat Toast	27. Orange Juice Canned Fruit Crispy Rice Cereal Scrambled Eggs French Toast	28. Apple Juice Mandarin Oranges Oatmeal Bacon Scrambled Eggs
29. Pineapple Juice Strawberries Corn Flakes Scrambled Eggs with Ham & Cheese Donuts	30. Orange Juice Fresh Grapes Creamy Wheat Scrambled Eggs Whole Wheat Toast	31. Apple Juice Canned Fruit Fruit Loop Sausage Gravy Biscuits Scrambled Eggs				
<h1>What's For Breakfast in December?</h1>						
<p><b>**Menu Items Are Subject to Change Without Notice**</b></p>						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Beef Tips w/Gravy Noodles Carrots Bread Ice Box Dessert	2. Cheeseburger Deluxe French Fries Dill Pickle Chips Applesauce Bar	3. Fried Chicken Mashed Potatoes Creamy Gravy Whole Kernal Corn Bread Apple Crisp	4. Bacon Potato Soup Chicken Salad Croissant Saltine Crackers Mixed Fruit	5. Green Pepper Steak Cheesy Potatoes Seasoned Cauliflower Bread Bread Pudding	6. Sausage on a Bun Potato Salad Baked Beans Mandarin Oranges	7. Chicken Dijon Duchess Potatoes Spinach Bread Cream Cheese Bar
8. Unstuffed Cabbage Green Beans Dinner Roll Fresh Fruit Medley	9. Polish Sausage Sauerkraut Au Gratin Potatoes Jello & Whip Topping	10. Macaroni & Cheese Stewed Tomatoes Dinner Roll Chocolate Cake	11. Chicken Alfredo Glazed Carrots Garlic Bread Spice Cookie	12. Hot Roast Beef Sand Mashed Potatoes Buttered Corn Oreo Dessert	13. Roast Turkey Stuffing Gravy Winter Squash Strawberry Rhub. Pie	14. Pork Roast Whipped Potatoes Harvard Beets Bread Praline Cake
15. Beef Stew Corn O'Brien Biscuit Frosted Brownie	16. Chicken Rice Soup Ground Bologna Sand. Coleslaw Banana Crème Pudding	17. Sloppy Joe on a Bun French Fries Cream Corn Fruit Salad	18. Chicken Divan Mashed Potatoes Broccoli Bread Chocolate Pudding	19. Bean Soup Beef & Swiss Sandwich Cucumber Salad No Bake Cookie	20. Breakfast Casserole Sausage Links Croissant Roll Strawberries	21. Baked Ham Cheesy Potatoes Steamed Cabbage Dinner Roll Boston Cream Pie
22. Fried Chicken Breast Potato Salad Baked Beans Chilled Pears	23. Cheese Ravioli Marinara Sauce Northwest Veggie Blend Cheddar Biscuit Assorted Cookies	24. Fish Platter with Fried Potatoes Zucchini Casserole Bread Ice Cream	25. To Be Determined: Watch for on TV or check with your CENA	26. Broccoli & Ch. Soup Bolog. & Ch. Sandwich Tomato Juice Peaches Saltine Crackers	27. Chicken Strips Macaroni Salad Green Peas Bread Frosted Brownie	28. Roast Pork & Rosemary Roasted New Potatoes Gr. Bean Casserole Bread Sweet Potato Pie
29. Chicken Pot Pie Seasoned Broccoli Apple Crisp	30. Salisbury Steak With Gravy Mashed Potatoes Cabbage Bread Chocolate Pie	31. Beef Stroganoff Buttered Noodles North West Veggies Dinner Roll Strawberry Poke Cake				



What's For Lunch in December?

**\*\*Menu Items Are Subject to Change Without Notice\*\***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. BBQ Chicken Scalloped Potatoes Winter Mix Veggies Dinner Roll Frosted Marble Cake	2. Home Made Chicken Noodle Soup Gr. Bologna Sand. Wax Beans Chilled Pears	3. Fisherman's Sand. Garlic Butter Noodles Carrots Lemon Meringue Pie	4. Roast Beef Mashed Potatoes Winter Squash Dinner Roll Ice Cream	5. Butternut Squash Soup Ham & Swiss Sand. Tomato Slices Fruit Cup	6. Spaghetti with Meat Sauce Sicilian Medley Veggies Bread Stick Peach Pie	7. Honey Glazed Ham Sweet Potatoes Dill Carrots Dinner Roll Lemon Bar
8. Meatballs Buttered Noodles Prince Charles Blend Bread Golden Peach Crumble	9. Tomato Basil Soup Tuna Salad Sand. Poached Pears Saltine Crackers	10. BBQ Pork on a Bun Roasted Potatoes Parmesan Green Beans Ice Cream	11. Taco Casserole Refried Beans Dinner Roll Banana Cream Pie	12. Sausage Omelet Home Made Cinnamon Rolls Fried Apples	13. Hamburger on a Bun Pasta Salad Green Beans Mixed Fruit	14. Spaghetti with Meat Sauce Waxed Beans Garlic Bread Chocolate Layer Pie
15. Baked Chicken Mashed Potatoes Scand. Blend Veggies Dinner Roll Cherry Crisp	16. Meatloaf Baked Potatoes Peas & Carrots Bread Fruit Mix	17. Fish Sticks Macaroni & Cheese Buttered Peas Bread Pineapple Upside Down Cake	18. Cheddar Cheese Soup Egg Salad Sandwich Pickled Beets Spiced Peaches	19. Kielbasa Fried Potatoes Sauerkraut Bread Cherry Chip Cake	20. Chicken & Dumpling French Style Gr. Beans Biscuit Ambrosia with Whipped Topping	21. Swiss Steak Scalloped Potatoes Seasoned Beets Bread Ice Box Dessert
22. Pizza Bake Sicilian Medley Veg. Bread Stick Rice Crispy Treat	23. Chicken Patty on a Bun Tator Tots Buttered Carrots Banana Bars	24. Swedish Meatballs Buttered Noodles Scand. Blend Veggies Dinner Roll Apple Cobbler	25. Belgium Waffles Sausage Patty Strawberry Filling Syrup	26. Hamburger on a Bun Potato Chips Coleslaw Chocolate Chip Cookie	27. Beef Barley Soup Ham & Ch. Sand. Buttered Carrots Chunky Applesauce Saltine Crackers	28. Unstuffed Peppers Rice Buttered Corn Bread Fruit Cup
29. Hot Dog on a Bun Onion Rings Baked Beans Molasses Cookies	30. Chili Deli Croissant Chilled Pears Saltine Crackers	31. Chicken Fricassee Cheesy Potatoes Red Cabbage Bread Peanut Butter Cookie				
						
<h1>What's For Dinner in December?</h1>						
<p><b>**Menu Items Are Subject to Change Without Notice**</b></p>						

# Weekly Menu Substitutions

## Week of 12/01/2024 to 12/07/2024

- Chicken Patty on a Bun
- Swedish Meatballs
- Egg Salad Sandwich
- Omelet & Toast

## Week of 12/15/2024 to 12/21/2024

- Hamburger on a Bun
- Hot Dog on a Bun
- Macaroni & Cheese
- Grilled Ham & Cheese

## Week of 12/29/2024 to 1/04/2025

- Corn Dogs
- Fried Chicken Breast
- Scrambled Eggs, Sausage Links
- Pizza

## Week of 12/08/2024 to 12/14/2024

- Grilled Cheese Sandwich
- Waffles & Syrup
- Chicken Strips
- BBQ Chicken on a Bun

## Week of 12/22/2024 to 12/28/2024

- BLT Sandwich
- French Toast & Sausage Links
- Chicken Nuggets
- Chimichangas



*Ombudsman : Julia Tipmore-Region 7*

*989-450-8632 or 866-485-9393*

**\*\*Menu Substitutions are for residents only. Guest trays will be the menu item of the day\*\***